



Tayside  
Cancer  
Support

# Cosy\*

ST AIDAN'S CENTRE  
BROUGHTY FERRY

Free

# Café

*An opportunity to meet others in a comfy, cosy space, with visiting specialists to share their skills.*

There will be a **monthly Wednesday café**, with **free refreshments and book exchange** on the following dates:-

UPCOMING DATES | EVERY FIRST WEDNESDAYS



- 4th September** - Nail painting
- 2nd October** - Relaxation
- 6th November** - Craft for Christmas
- 4th December** - Xmas floral table decoration
- 8th January** - Hand massage
- 5th February** - Look after your skin
- 5th March** - Craft for Easter

If you can let us know in advance that you will be there, please text us on **07502418241** (include which cafe month and the name of attendee)

TIME > 2:00PM-3:30PM

[www.taysidecancersupport.org](http://www.taysidecancersupport.org)